



Remember playing all day long?

Playing outdoors benefits our physical and mental wellbeing. So why are conventional playspaces designed almost exclusively for children? What if, instead, we create intergenerational playspaces that encourages people of all ages to play together?

Intergenerational playspaces offer activities for everyone, encouraging all to stay active and interact with others of different ages. Promoting an active lifestyle helps people, especially older adults, to stay healthy, in turn extending their self-care ability and easing demands on long-term care.

Kowloon Park Fitness Trail

Backed by community responses and technical input from Leisure and Cultural Services Department (LCSD) and Architectural Services Department (ArchSD), this Proof of Concept study utilises the natural hilly landform of the Kowloon Park Fitness Trail to provide a unique, inclusive, and intergenerational play experience for people of all ages and abilities. Featuring suitable play elements, age-neutral design and IoT integration, the project aims to promote intergenerational social interactions, active living and health management for a shared play experience. Design considerations and know-how generated from this study will support the scale up of intergenerational play space in Hong Kong.

Lai Kok Estate Intergenerational Therapy Garden

JCDISI worked with OneBite Design Studio to develop design schemes to transform the rooftop of a care home into an intergenerational therapy garden. Located in the 40 year-old Lai Kok public rental estate in Sham Shui Po, the project hopes to turn the challenge of walking up to the rooftop into a rewarding, active journey. The therapy garden itself is divided into various zones to support a range of social and physical activities, promoting community cohesion of public housing estate and care home residents in a vertical city such as Hong Kong.

The therapy garden is currently in prototype stage with implementation plans under consideration.



還記得當年樂而忘返的日子嗎？

戶外遊樂有益身心健康。但為什麼傳統的遊樂場大部分都只為兒童設計？相反，如果我們能創造出跨代共融遊樂空間，鼓勵不同年齡的人一同玩耍，那會怎麼樣呢？

跨代共融遊樂空間提供適合所有人的活動，鼓勵大家保持活力，促進不同年齡的人士互動。積極的生活方式亦有助人們（特別是長者）保持健康，提高自理能力，減少長期護理的需要。

九龍公園健身徑

九龍公園健身徑的實踐概念獲得社區支援，得到康樂及文化事務署和建築署的技術建議。這項嶄新概念利用九龍公園健身徑的天然山地地形，為不同年齡和能力的用家創造出獨特共融的跨代遊樂體驗。為了促進跨代社交互動、鼓勵積極生活、協助管理健康、創造共同的遊樂體驗，項目採用合適的遊戲元素、不分年齡的設計，並加入物聯網技術。此設計方案及知識，可作日後香港擴充跨代遊戲空間規模參考。

麗閣邨跨代共融治療花園

JCDISI與一口設計工作室合作，擬定出設計方案，把安老院舍的屋頂改造成跨代共融治療花園。項目位於歷史達40年的深水埗麗閣邨，希望把步行到天台這段困難路段轉變成有意義而積極的旅程。治療花園分成不同的區域，並支援一系列社會和身體活動，促進公屋居民和院友的社區凝聚力，適應香港垂直城市的設計。治療花園目前處於原型階段，實施計劃尚待考慮。