



Ms Karen LEE

Project Manager II / Spatial, Jockey Club Design Institute for Social Innovation, PolyU

Karen is a Chartered Town Planner and Project Manager Professional specialising in urban integration and city management strategies. She has 12 years of experience leading strategic infrastructure projects and placemaking schemes, including the new Elizabeth Line and London Underground Upgrade project in the UK and the Walk DVRC initiative in Hong Kong.

Since joining JCDISI in 2018, Karen has focused on encouraging cross-sector, multi-disciplinary collaboration and application of PolyU's applied research in tackling the "double ageing" challenge in Hong Kong. She co-authored the "Tackling Double Ageing with Double Smart" paper with our Director, and is JCDISI's Project Lead and Subject Matter Expert in Transitional Social Housing, Intergenerational Play Space and Community Planning and Age-friendly City development.

Topic: The "Double Smart" approach to transforming public space to extend Hong Kong Housing Society's Ageing-in-Place initiative outdoors

While there have been many initiatives to upgrade the indoor living environment to better suit the ageing population's needs, the outdoor space in comparison has received little attention. Availability of open space conveniently accessible to the elderly is an effective way to reduce sedentary behaviour among the elderly, encourage wellness management and promote ageing-in-place. Public space reinvention is complementary to supporting our future old living in their smart home and reducing premature institutionalisation.

With a view to provide the hardware to allow Hong Kong Housing Society's (HKHS) "Ageing-in-Place" initiative to be extended outdoors, HKHS and JCDISI co-organised the Intergenerational Play Space Design Competition | Prosperous Garden to develop blueprints for estates due for refurbishment to upgrade their public space to meet their ageing residents' needs and increase their resilience to health decline. Integrating play equipment that stimulates intergenerational play and enables IoT tracking is at the heart of the double smart initiative to support their self-care and health management. Karen will share her experience leveraging PolyU's applied research and cross-sector, multi-disciplinary expertise in creating this new play space design concept as a way in tackling the double ageing challenge.



李雅筠女士

香港理工大學賽馬會社會創新設計院空間項目經理II

李雅筠女士是一位註冊城市規劃師及項目經理，專門研究城市融合和城市管理策略，擁有12年領導策略基建發展和地方營造項目的經驗，包括英國伊利沙伯綫的建造工程與倫敦地下鐵路升級工程，及香港的「行德」項目。

李女士於2018年加入賽馬會社會創新設計院後，致力推動跨界別、跨學科的合作及香港理工大學的研究應用，以應對「雙老化」為香港帶來的挑戰。她曾與賽馬會社會創新設計院總監合著《以「雙智慧」對應「雙老化」》（Tackling Double Ageing with Double Smart）的報告，亦是推行賽馬會社會創新設計院過渡性社會房屋、跨代共融遊樂空間、社區規劃和年齡友善城市發展等項目的項目經理和主題專家。

題目：透過「雙智慧」方式改造公共空間以擴展香港房屋協會「樂得耆所」居家安老計劃

雖然現時已有不少項目計劃幫助改善室內居住空間，以滿足人口老化帶來的需要，但相對而言，戶外空間則受到較少關注。年齡友善的公共空間能有效地減少長者的久坐行為，並鼓勵健康管理及推動居家安老。此外，重塑公共空間更可配合日後長者安居於智慧房屋，避免過早入住院舍。

為了提供適當硬件使香港房屋協會的「樂得耆所」居家安老計劃從室內空間延伸至戶外環境，香港房屋協會（房協）和賽馬會社會創新設計院聯合舉辦了《跨代共融遊樂空間設計比賽 | 駿發花園》，希望透過設計比賽為房協即將翻新的屋苑制定構思藍圖，並針對高齡住戶的需要改良公共空間，幫助長者延緩衰老。這「雙智慧」項目的核心是融合可鼓勵跨代遊樂和促進「物聯網」追蹤技術的遊樂設施，幫助長者自我照顧和促進健康管理。李女士將會分享如何藉香港理工大學的應用研究及跨學科和跨界別的專業知識，來創造這個新的遊樂空間設計概念，以應對「雙老化」帶來的挑戰。